

# Breakfast

Served daily from 8.30am till 11.30am

## breakfast grill platter

eggs, crispy bacon, sausage, grilled tomato, sautéed mushrooms, black pudding, toast, orange juice

large £5.95    small £4.95

## breakfast muffin

fried egg, bacon, sausage and tomato £4.95

## breakfast baguette

choice of - bacon, egg, sausage, sautéed mushrooms or grilled tomato

one filling £3.95  
two fillings £4.45  
three fillings £4.95

## eggs benedict

poached eggs, ham and tomato on a soft muffin with hollandaise sauce £5.65

**baked beans** portion £1.00

## eggs royale

poached eggs, smoked salmon, asparagus, on a soft muffin with hollandaise sauce £6.35

## fluffy scrambled eggs on a hot bagel

plain £3.95    sautéed mushrooms £4.35  
bacon £4.95    smoked salmon £5.80

## crumpets

with jam and butter £1.60

## croissants and danish pastries

please ask for the day's freshly baked selection £1.95

## breakfast special

freshly baked pastry with tea or coffee £3.65

## hash browns

£1.00

**champagne** - when ordered with breakfast  
by the glass £4.90    by the bottle £23.00

# Sandwiches

**honey roast ham and melted gruyere cheese ciabatta** with chutney £5.50

**grilled chicken and bacon ciabatta** mixed salad and mayonnaise £6.55

**italian sausage and sauteed onion baguette** sliced tomatoes and peppers £5.75

**roast ham wholemeal sandwich** with piccalilli and salad £5.50

**melted brie and crispy bacon ciabatta** with mixed salad and cranberry sauce £5.95

**steak baguette** sirloin steak strips, mushrooms & melted cheese £6.95

**tuna and salad with mayonnaise** on wholemeal bread £5.75

**prawns with marie rose sauce** rocket on wholemeal bread £5.95

**blt** - bacon, lettuce and tomato with mayonnaise on wholemeal bread £5.95

**the zest club sandwich** triple decker toasted sandwich chicken, bacon, egg, tomato and avocado with mayonnaise £7.95

**smoked salmon and cream cheese** in a hot bagel £6.95

**bruschetta topped with tomatoes** red onions, garlic, herbs chilli and olive oil £4.95

**tortilla wraps...** shredded duck, spring onions, cucumber and plum sauce £6.25

spicy chicken with peppers, onions tomatoes and aioli £5.95

tuna mayonnaise with spring onions, cucumber and tomato £5.45

houmous with rocket, peppers and crisp salad vegetables £5.45

# Salads

**caesar salad** grilled chicken, bacon, croutons, crisp green leaves, parmesan flakes, anchovies and homemade caesar dressing £6.95

**crayfish tail** crayfish tails, avocado, rocket and cherry tomatoes with balsamic dressing £7.95

**avocado and crispy bacon** salad leaves, peppers, cherry tomatoes, cucumber and red onion, balsamic dressing £5.95

**spicy marinated chicken** mango, salad leaves, cherry tomatoes, cucumber, peppers and red onion balsamic dressing and aioli £6.95

**caprese** buffalo mozzarella, plum tomatoes and basil, extra virgin olive oil and balsamic drizzle £5.95

**village salad** tuna & mozzarella with mixed leaves, tomatoes, peppers & onions £6.45

# Side Orders

**crispy, thin fries** £2.95

**bowl of bread** £1.75

**onion rings** £2.45

**bowl of marinated green and black olives extra dips** sweet chilli/aioli/mayonnaise £1.25

**mixed salad bowl** balsamic dressed leaves, cherry tomatoes, red onions, peppers and cucumber £3.50

**rocket salad** and parmesan flakes, drizzled with olive oil and balsamic £3.75

**plate of italian delicacies** marinated anchovies, sunblushed tomatoes and olives with crusty bread £6.95

# House Favourites

**piri piri chicken** grilled chicken breast, chilli peppers and garlic, salad, fries and chilli mayo £7.95

**singapore vermicelli** fine noodles tossed with chicken, king prawns, peppers, onions, chilli and garlic with a hint of curry £6.95

**grilled gammon and fresh pineapple** served with fries £7.95

**house burger** 100% pure beef, melted cheese, dill pickle, fries, salad and 1000 island sauce £7.25

**goats cheese bruschetta** melted goats cheese, roast peppers and rocket salad with balsamic dressing £6.95

**seared salmon hollandaise** finely sliced grilled salmon with watercress salad & fries £7.95

**saute of king prawns and chorizo** tossed with garlic, chilli and coriander crostini & rocket salad £7.95

**steak and chips** sirloin with sautéed mushrooms and fries, tomato and red onion salad £10.95

**chicken goujons** fries, lemon wedges, salad garnish, aioli and sweet chilli dip £5.95

**homemade salmon fishcakes** mixed salad, sweet chilli sauce and aioli £6.95

**zest prawn cocktail** marie rose sauce and buttered brown bread £5.95

**goats cheese omelette** free range eggs, roast peppers, mixed salad £6.95

**hot potted shrimps** local shrimps in a hot garlic butter with a hint of chilli, salad garnish and crusty bread £8.50

**spinach and ham frittata** spinach, potatoes, garlic and ham omelette with mixed salad £6.95

many of our dishes may be adapted to suit vegetarian requirements

Customers on tables outside are politely requested to pay on ordering